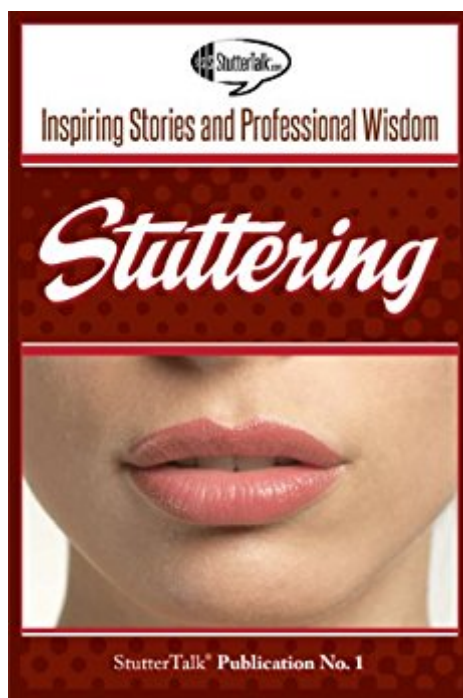


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# Stuttering: Inspiring Stories And Professional Wisdom



## Synopsis

This book reflects a wide range of experiences and knowledge found in the stuttering community and includes 25 chapters written by people who stutter and leading professionals. In the first section of the book (16 chapters), people who stutter share their inspiring stuttering stories. Topics include growing up stuttering, chasing fluency, facing fears, covert stuttering, voluntary stuttering and other speech tools, avoiding stuttering, making productive changes, advertising stuttering (telling others that you stutter), meeting others who stutter, passing as fluent, the importance of being a good listener, substance abuse and stuttering, LGBT issues in the stuttering community, using acting to help cope with stuttering, a letter to "fluency," learning from children who stutter, stuttering paradoxes and much more. The second section of the book (9 chapters) delves into some current and exciting issues in stuttering and treatment. These chapters reflect the deep knowledge of well respected speech-language pathologists and researchers and a disabilities rights lawyer. Authors include Walter H. Manning, Phil Schneider, J. Scott Yaruss, Bob Quesal, John A. Tetnowski and others. Topics covered are the acceptance of stuttering, the therapeutic alliance (the relationship between client and therapist), considerations in choosing a speech-language pathologist, the body and soul of speech therapy, mindfulness in stuttering treatment, the biggest mistakes made in stuttering treatment, people who stutter becoming speech therapists, disability issues and stuttering, a conversation about "fluency" and much more.

## Book Information

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## Customer Reviews

As a mom of a child who stutters, I am so glad I have read this book. My son is 8 and has stuttered for 5 years, and this book has given me a very different perspective on stuttering, and what life might become for my child once/if he starts avoidance behaviors. He has had speech therapy with good SLPs but none of them has talked to us about acceptance, voluntary stuttering or group therapy. True, he is still very young but I feel much better equipped to help him when he'll need it. It is also very reassuring as a parent to see what great careers these people who stutter have had.

This book contains good information about stuttering, from multiple points of view. It's a companion to the StutterTalk podcasts. The chapters that meant the most to me were these: "Standing in the Rain" by Roisin McManus, "Passing Twice" by Roger Roe, and "What Does it Mean to Say That a Person 'Accepts' Stuttering" by J. Scott Yaruss.

A good book.

Some of the essays in this book are very poetic and inspiring. You'll want to write down many quotes that you'll want to share with others.

I love this book and share it with many people, especially stutterers.

As a lifelong stutterer, I know few narratives that truly convey the experience of opening your mouth and not having the words come out. Marty Jezer's marvelous memoir "Stuttering: A Life Bound Up In Words" is one; David Mitchell's fictional "Black Swan Green" is another. This compilation of essays, edited by StutterTalk podcast host Peter Reitzes, brings the storytelling even further down to the grassroots. I am admittedly biased because I know some of the authors; the stuttering

self-help world is small. But I dare you to read Nora O'Connor's essay about stuttering, drug addiction, recovery; or Roger Roe's story of being a gay man with a debilitating speech impediment (the ultimate "queer") and not come away moved and inspired.

This gives a wide range of perspectives of stammering from those who stammer, their friends, speech therapists..the insights, incidents and stories ring true to persons with stuttering..this book is worth reading in its totality.

This is a great book for parents of children who stutter or for older stutterers to use as a resource. The title sums it up...inspiring stories, professional wisdom.

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